West Winds Community Centre

The Welcoming Heart of the Channel

Newsletter

FREE COPY | Edition 370

Connecting our Community

March 2022

International Women's Day

This year, we are celebrating women's achievements and increasing their visibility by hearing local women speak about their experiences of life's triumphs, overcoming adversity and what it means to them to contribute to our community. We need to hear these voices to continue our mission to call out gender inequality while celebrating the women within our community.



Amy Robinson



Rosie Ottevanger



Carolyn Carius

Come along to West Winds to hear three inspiring stories from Amy Robinson, Rosie Ottevanger and Carolyn Carius:

When: Tuesday 8th March 2022
Time: 9:30-10:30am
Cost: Free

Tea and coffee will be provided at conclusion of the event.

Tasmanian Government

Seats are limited, **booking essential** via our website or phone us on 6267 4713. This will be a COVID-19 safe event.

West Winds Community Centre

Contact Us:

Ph: 6267 4713
3528 Channel Hwy, Woodbridge 7162
E: westwinds@woodbridge.com.au
W: westwindscommunitycentre.com.au

Open Hours:
9am-4pm Monday to Thursday
9am-3pm Friday

DEADLINE for MARCH Newsletter
Friday 18th February 2022

Our Team:

Joanna Wiese - Director
Trina Blazely - Program Officer
Kate Franke - Community Development Coordinator
Tracey Roberts (& Team) - Childcare Coordinator
To be announced - Online Centre Coordinator
Kathryn Orbell - Administration Officer
Christine Behrens - Finance Officer
Leighann and Phil Hirst - Caretakers

Board of Governance:

President - Michael Yates
Vice President - Marian Star
Secretary - Ian McKenzie
Treasurer - Vickie Webb
Nancy Conte
Bronwyn Fielder

Public Officer - Sue Sagewood

Volunteers: *too many to mention but we couldn't do without them!*

Available at West Winds:

If you would like to know more about any of these services, programs groups, classes, or facilities please check out the website ***westwindscommunitycentre.com.au*** *or give us a call on* ***6267 4713****.*

Services & Facilities

- **Art Lounge Gallery**
- **Community Shed**
- **Community Transport**
- **Counsellor** (phone/in-person)
- **Gymnasium**
- **Kitchen, Room & Venue Hire**
- **Library**
- **NILS** (No Interest Loan Scheme)
- **Online Access Centre**
- **Op Shop**
- **Wombats Childcare Centre**

Groups & Classes

We have many programs, groups and classes on offer at West Winds.
Please go to our website for the most up-to-date information.

- **Community Events**
- **Creativity**
- **Health & Wellbeing**
- **Kids & Families**
- **Learning**
- **Socialising**
- ***Something for everyone!***

Channel Challenge



Register Now!

9am Sunday 10th April

Registration open to everyone 6 years or older. **Conditions and Fees apply**. Discounts for pre-registration (by 4pm Thurs 7th April) and families of four.

Register online at: westwindscommunitycentre.com.au or request a form: phone 6267 4713 or email westwinds@woodbridge.com.au

4 Categories:

(see website for details)

Competitive - Adults (4km)

Competitive - Children (4km)

Challenge (3km)

Cruise (3km)

Mas Careers

Setting you on the pathway to success.

Whether you're exploring your first career, looking to upskill or ready to breakout and try something new, Mas Career Advisors are here for you.

Matt Howard, Career Development Consultant

E: Matthew.howard@masnational.com.au

M: 0459 86 746 ***FREE Service***

real skills for real careers

Maxima Joblink

DES Employment Services
NDIS SLES/Finding & Keeping A Job Services - at West Winds on the last Friday of each month 9am – 12pm

Elmer Leon

Employment Consultant

T 1300 629 462 **M** 0436 484 331

1/11 Main Street, Huonville TAS 7109

maxima.com.au

Maxima can help!

What's New this Month at West Winds

Socialising



Friday 18th March

Picnic

at Silverwater Park

Channel Hwy, Woodbridge

We invite you to join us for a picnic at Silverwater Park. BYO picnic, drinks, rug, chairs or whatever else you will need.

PS: Public BBQ and onsite toilets.

Enquiries: phone 6267 4713

West Winds Community Centre

Fill a bag for $5

for the month of March
(or until sold out)

OP SHOP SALE

BYO shopping bag welcome

Open: Tue-Fri 10am-2pm

3528 Channel Highway, Woodbridge

Learning

U3A
THE UNIVERSITY OF THE THIRD AGE

Readers & Writers Group

Mondays 1.30-3.30pm

from 7th March

WORDS, WORDS, WORDS, Join our self-managed group to discuss a book you are reading, a poem you love, an interesting article, share something you have written or to explore words, any genre.

Cost: U3A membership – classes are then free. Please refer to U3A website for details of membership and current classes.

Enquiries: Phone 0405 327 071
Email: u3akingborough@gmail.com
Web: www.u3akingborough.org.au

The Woodbridge Sewing Hub

Second Saturday of each month

9am - 12noon in the Bunkhouse

Need a little or a lot of help with that sewing project that has been lurking in the back of the cupboard for years?

Knowing how to sew is such a useful skill for your wardrobe, your family, your home, and the environment.



For more information contact Regina

0409 955 505 reginan@iinet.net.au

What's New this Month at West Winds

Kids & Families



Dance Classes

at West Winds on Thursdays

March 3rd - April 14th

*Classical Ballet *Creative Movement
*Strength *Flexibility

3:00-3:45 Dance for Big and Little
(A class for preschoolers 3 yrs and over plus their grown-up.)

3:45-4:30 for 5-8 years

4:35-5:35 for 8-14 years

$15/class on term basis
unless agreed otherwise

Robin Godfrey—Dancer/acrobat/aerialist
BSc Nutrition and Human Movement (Class 1 Hons), Grad Dip Ed.
Contact: robingodfrey3@gmail.com

Health & Wellbeing



Chakradance

10.30am-12noon ***Sundays***
24th April - 19th June

CHAKRADANCE™ is a well-being movement practice. Dancing in a darkened room with your eyes closed, to specific chakra-resonant music. It's like a dynamic, moving, guided meditation. No experience required.

The 9-week Awakening series will start with an introduction to the 7 major chakras, then each week we focus on a different chakra before a final integration session.
COST: $180/9-weeks or $25/session casual.
1.5 hours/session. No experience required.

Enquiries: Trina on 0429 048 295 or Chakradance.with.Trina@gmail.com



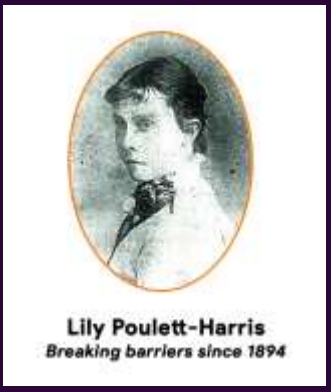
WATCH

WOODBRIDGE ARTS & THEATRE COHORT

Presents

Lily

A play about the life and times of
Lily Poulett-Harris



28th, 29th & 30th April 2022

Woodbridge School Hall

Tickets on sale March 2022

Through TryBooking

WOODBRIDGE Life

The Community Pages

March Exhibition at the Channel Museum

Acrylic Pourings

By Rael Picot & Cate Butler

Back by popular demand.

The museum is seeking expressions of interest from locals for displays from April to June. Please contact Kim Wass secretary@channelmuseum.org.au or complete the contact form on the website www.channelmuseum.org.au

A Night at the Museum
is on hold for the time being.

Channel Museum

Open Sunday to Friday 11am-3pm
1755 Channel Hwy, Margate

THE WOODBRIDGE MARKET

Sunday 20th March

10am-2pm

Woodbridge Hall

Kettering Concerts



3pm Sunday March 20th

Kettering Community Hall

Cello and Piano Duo

Jonathan Békés (cello) and Karen Smithies (piano) performing works by Bach, Martinů and Shostakovich

Tickets $15 + BF
www.trybooking.com
Check the website for link
http://ketteringconcerts.org.au

Enquiries: 0428 674 852

U3A Meditation

THE UNIVERSITY OF THE THIRD AGE

Fridays
from 11th March

10.00am Guided Meditation (1hr)

11.15am Meditation for Beginners (45mins) 3 or 4 short meditations with opportunities for discussion.

Cost: U3A membership – classes are then free. Please refer to U3A website for details of membership and current classes.

Enquiries: Margaret Jacobs
seaglint7@gmail.com
Email: u3akingborough@gmail.com

Web: www.u3akingborough.org.au

All About Us...

The Welcoming Heart of the Channel

West Winds Community Centre is funded by the Crown through the Department of Communities Tasmania.

Woodbridge Online Access Centre is funded through the Department of Education.

Wombats Child Care Centre is partly funded by the State Government through the Education Department, Education and Care Unit.

The opinions expressed in this newsletter are not necessarily those of the Management Committee.

West Winds Membership

Enlarge and enrich your community by becoming a member of West Winds Community Centre.

Your support can help ensure the facility stays in the community.

Membership benefits could include:

- Volunteering opportunities
- Gymnasium membership
- Free use of the West Winds Library
- Discount on use of Online Centre
- Voting rights at the Annual General Meeting
- Take a role on the Board of Governance
- Community Shed membership

Annual Membership Only $5.50

West Winds Community Centre

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Woodbridge TAS 7162

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Monday to Thursday 9am- 4pm
Friday 9am - 3pm

Phone: 6267 4713

westwinds@woodbridge.com.au
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Renew you membership by Direct Deposit

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